



Are you tired of trying to figure out what to do with the rest of your life?

If you are looking for just the right opportunity... one that will exceed your financial goals, stimulate your skills and provide a satisfying and rewarding new career in the health and wellness industry... join us for our live seminar. It's FREE and will inspire you to new heights!

This could be the opportunity you've been looking for!

Better Living Rx is scouring the country to find men and women, like YOU, who are qualified to bring our successful health and wellness brand to your city! We'll show you the roadmap!

The Better Living Rx will increase your income!

Create wealth while satisfying your desire for a new or expanded career in healthcare and wellness. We will teach you exactly how to have 10x the customers, 10x the impact and 10x the income all during this FREE LIVE seminar!

Ready to earn a six or seven figure income?

You've come to the right place! Register now to hold your spot at this breakthrough seminar!

**JOIN US! "How to 10x Your Personal Health Coaching Income in Half the Time" Seminar
June 23 Marriott Tulsa Hotel OR June 24 Renaissance Okalahoma City Convention Center.**

1:00 pm or 7:00 pm in both locations

Call 800-383-9848 or register at this email address: Seminar@10Xyourpractice.com



Dr. Tammy here! Hope you're doing well.

I wanted to let you in on a few key strategies that will help you grow your clientele and income faster than you ever imagined.

After speaking with health and fitness coaches, nutritionists and others around the country, I learned that few are bringing in the quantity of clients and income they had envisioned. I realized it is time to share what has made **Better Living Rx** so successful.

I know how it feels to be frustrated and tired of the struggle... believe me, I understand.

I remember when I was seeing 60 and more patients, working 5-6 days a week and still - I was barely getting by. Yes, it's true - doctors can get away with charging in 15-minute increments, but when you subtract the high cost of insurance, taxes and other expenses... it was not the money making machine that people thought.

I was exhausted working so many hours and feeling like I was not getting amply paid for my time and skills. It was chaotic, at best. Finally, I decided to look for a solution and started reading books on organizing businesses. I came across Michael Gerber's book - *The E-Myth* - which detailed the importance of developing a system that can be scaled up while still providing, excellent and consistent results. I realized then that one of my biggest mistakes was that I had no workable system in place. I had been reinventing the wheel every, single day.

I quickly understood why a system could transform a business from just getting by to becoming the top in its field. *Think about it.* When you have an existing system, like a franchise or license provides, you are getting a tried and true operation that supplies effective and predictable results every time. Think McDonald's and you're on the right track.

After learning all about systems and developing one for **Better Living Rx**, my business was never the same! It became the answer I was looking for - almost overnight!

That's just one of the strategies I'm going to teach you at our FREE, LIVE seminar! **"How to 10x Your Personal Health Coaching Income in Half the Time"**.

I will be sharing some amazing practice transforming techniques that will give you 10x the customers, 10x the impact and 10x the money! My husband, Bryan, and I will show you exactly how to do it. *I guarantee it will be time well spent. Register today to make sure to claim your spot!*



The **Better Living Rx** is the most effective, integrated healthcare and wellness system in the country... possibly in the world! The system we developed has now been used with the highest level of success for over 10 years! So now it's your turn...

If you are someone who can "walk the talk" and be a living billboard for **Better Living Rx's Bio-Balance System**, while coaching and training your clients into optimal health, then this is for you.

If you have an avid interest and background in health and wellness, then this is for you.

If you love to learn and add new methods that contribute to clients' overall health, then this is for you.

Before I tell you more about it, I want to ask you - are you the client you want to attract? That means being the person your clients *want* to be. You know how disturbing it is to use a hair stylist who has bad hair, well - think about it. If you can't visibly demonstrate the image of health and wellness, why would clients flock to listen to your advice?

If you want to quadruple your income, you have to be it so others can believe it.

The **Better Living Rx** brand name is so trusted, we have to be very selective about who we partner with. The reason this package has been sent to YOU, is because we suspect you have the values, insights and goals we are seeking. We know the training, materials, curriculum, company structure and support that our associates receive far outweighs the nominal cost of the *Better Living Rx* license.

WE WANT TO PARTNER WITH THE BEST!



Are you just getting by? Did you get in this business to simply survive? Or are you ready to up your vision to the highest level? Think about this for a minute... are you really content making less than \$100 an hour? Those who are stuck in poverty consciousness are not going to succeed no matter what they do. You have to have an expansive mindset that is open and ready to go the distance.

We're going to show those who are ready, able and enthusiastic exactly how to get there.

Here's another secret... you know why our slogan is **LIVE LONGER BETTER?**

Because we offer integrated services and our slogan encapsulates that concept.

Just offering one service, like you may be currently doing, leaves the door wide open for clients to use other services elsewhere. By providing a myriad of supplementary health and wellness services, we have more control over our client's results... plus we make more money faster and without working 60 hours a week!

Here's how it worked for me... once I made the change from being a family doctor to focusing my practice on weight loss and hormones, I became a specialist. Specializing in weight loss and hormones opened my mind to expanding into nutrition, food allergies, meditation, exercise and more.

The light bulb went off and I realized it was smarter to offer packages, programs and classes.

Imagine selling one \$8,000 *Thrive - not Survive* package in one hour!

What if you sell four packages a month? That is over \$32,000... and once you get going, you will sell more... more... and more.

I have increased my income from \$250,000 to over \$1.5 million a year since I started this strategy.

PLUS the packages, programs and classes reduced my 1:1 time!



Guess what happens when you reduce the time spent with one person and increase time spent with a group? You make more money... a lot more money.

The bonus for your clients is they gain camaraderie and the sessions are more effective. Everyone wins!

Many of you will have to change your mindset and be prepared to get out of your current rut. IF you are ready, then REGISTER TODAY!

Upcoming *Better Living Rx* Live Seminar coming soon and it is FREE! Learn how to:

- Be the client you want to attract
- Develop your optimal system
- Change your mindset
- Work smarter, not harder
- Make a difference
- Help people live healthier lives
- Use the most effective healing techniques
- Use a tried and true health/wellness system
- Be an example of "living better"
- Substantially increase your income

Our free, LIVE "**How to 10x Your Personal Health Coaching Income in Half the Time**" seminar will answer all of your questions and show you how you can make money and help others optimize their health!

I will be there with my brilliant husband, Bryan, and we are both excited to meet you and teach you all of our techniques that have gotten us to where we are now! Do yourself a favor and REGISTER RIGHT NOW while it's fresh on your mind!

Call 800-383-9848 or register at this email address: seminar@10xyourpractice.com

Better Living is in your future! See you there!

Dr. Tammy